



केन्द्रीय विद्यालय संगठन

केन्द्रीय विद्यालय संगठन(मुख्यालय)
18, संस्थागत क्षेत्र, शहीदजीत सिंह मार्ग नईदिल्ली- 110 016
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No. F.110355/01/2017-18/KVS(HQ)/SP/NSM

Dated : 06/06/2017

To,

The Deputy Commissioner
Kendriya Vidyalaya Sangathan

E-mail only

All Regions

Subject :- Modalities for 48th KVS National sports Meet 2017-18 –regarding.

Sir/Madam,

Games and Sports is an integral part of the KVS curriculum for ensuring all-round development of the students. It helps the students to develop a healthy mind in a healthy body acquired by a true spirit of Sportsmanship and Companionship.

KVS conducting Games/Sports activities every year at various level i.e. Regional & National that gives an opportunity to the students to show their talent and to select the KVS team for SGFI and other tournaments.

The KVS National Sports Control board in its meeting held on 24/03/2017 in KVS(HQ) took the following significant decisions-

(i) Inclusion of Football for Subroto Cup for U-17 (Boys & Girls) for wider promotion of sporting spirit right from the budding youth.

(ii) Introduction of selected events for the staff (Men & Women) of KVS during KVS Regional and National Sports Meet.

- | | | |
|---------------------------------------|--------------|---------------|
| a)Athletics(100 , 200 & 4X100M Relay) | b) Badminton | c)Basketball |
| d)Table Tennis | e)Chess | f) Volleyball |

(iii) Enhancement in DA.

(iv) 48th KVS National Sports Meet for 2017-18 will be conducted in the following Regions-

- Agra
- Bangalore
- Bhopal
- Guwahati

(v) Weight and Size of Medals for 48th national Sports Meet 2017-18 is mentioned in Modalities 2017.


(vi) The exact details venue of 48th KVS National Sports Meet -2017-18 will be intimated by host Regions.

(vii) The detailed Modalities for the conduct of 48th KVS National Sports Meet-2017 as approved by the Competent Authority are enclosed here with for ready reference and compliance.

(viii) These instructions/guidelines may please be circulated among all Vidyalayas under your Jurisdiction and the Principals should be directed to give wide publicity to this circular among students and teachers so that the students are motivated to perform to the best of their capacity. Clarification, if any may be sought from the Assistant Commissioner/ TGT (PHE) (Regional Sports Cell) of concerned Region.

This issues with the approval of the competent authority.

Yours faithfully

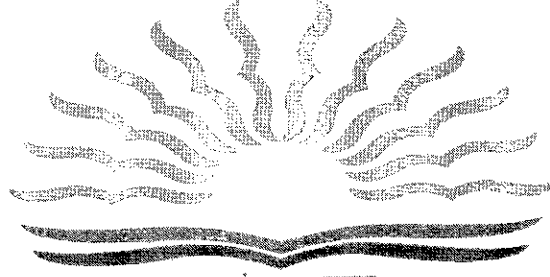

(Y P Singh)

Assistant Commissioner (Acad)

Copy to:-

1. PS to Commissioner, KVS(HQ).
2. PS to Additional Commissioner (Admn & Acad), KVS(HQ)
3. All the Joint Commissioner, KVS(HQ)
4. Directors, all ZIETs, KVS
5. Guard file.

केन्द्रीय विद्यालय संगठन KENDRIYA VIDYALAYA SANGATHAN



सत्यं त्वं पूषन् अपावृषु
केन्द्रीय विद्यालय संगठन

(SPORTS CELL)

MODALITIES FOR KVS SPORTS MEET 2017-18

(AS APPROVED BY KVS NSCB IN ITS ANNUAL MEETING ON 24TH MARCH 2017-18)



18, संस्थागत क्षेत्र , शहीद जीत सिंह , नई दिल्ली -110016
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Section-A

INTRODUCTION

As we are aware that in order to ensure all round development of child's personality KVS gives equal importance to Scholastic and non-scholastics activities. Games and sports as a co-curricular activity is an integral part of KVS System, it helps students to imbibe the values of team spirit, sportsmanship, self discipline, and also makes the child physically and mentally strong.

To instill, the sports culture in Vidyalayas, KVS provides lots of opportunities to every child to play/ participate in number of disciplines of his/her choice at different levels. To achieve this objective KVS Conducts every year sports Meet at Sub Regional, Regional, National Levels and select its team for participation in SGFI in as an independent state .KVS will be organizing Sport events as approved by the NSCB in its meeting held on 24.03.2017 during the session 2017-18 as per the details given below:

Tentative schedule for conduct of Sports activity at different level

S. No.	Level of Play	Dates/ Months for completing the Event
1.	Vidyalaya Level	To be completed by December every year
2.	Regional Level	To be completed before summer vacation
3.	National Level	September/October 2017
4.	SGFI level	As per SGFI Calendar
5.	International Level.	As per the schedule

In addition to that, KVS will also be participating in the following events-

S. No	Level of Play	Dates/Months for completing the Events
1.	International Subroto Cup for Football	To be intimated in due course of time
2.	National Nehru Cup for Hockey	To be intimated in due course of time
3.	SSPF Tournament	As per the schedule of SSPF

SPORTS EVENTS FOR KVS STAFF-

Apart from this, KVS has also introduced the staff Sports Competition during Regional and National Sports Meet at National Venue for Men & Women in following event-

- i- Athletics(100, 200 & 4X100 M Relay)((Players-1 to 2)
- ii- Badminton(singles)
- iii- Basketball (Players 5 to 8)
- iv- Table Tennis(Singles)
- v- Chess
- vi- Volleyball(Player-6-8)

- a) - Mentioned event will be conducted at the same venue where the event is being conducted for Students during KVS Regional/National Sports Meet.
- b) -The host Region will invite entries from Escorts/Coaches during meeting with escorts/ coaches in the evening a day before Sports Meet.
- c) - The above said competitions will be conducted in evening under flood light in the presence of students (Participants).
- d) The Deputy Commissioner of host region will issue the Participation /Merit Certificate and medal to winners.

SECTION-B

REGIONAL SPORTS MEET 2017-18

The Deputy Commissioners will invite entries from all the Kendriya Vidyalayas under their jurisdiction in all Games and Sports (Please refer Section C) for participation in individual and team events for the Regional Meet.

The following points should be borne in mind while conducting the Regional Sports Meet

- (i) Regional Sports Meet 2017 should be completed by Regions well in time as per schedule.
- (ii) The venue should be approved by the Deputy Commissioner of the Region to avoid any dispute/protest or any legal issues at any level.
- (iii) Each Regional venue should constitute a selection committee duly approved by the Deputy Commissioner of concerned Region.
- (iv) The Events should be planned in such a way that movement of participants / teams is minimized in the interest of the players.
- (v) The event(s) should be allotted to a Vidyalaya based on the standard Infrastructure and local resources available in the Vidyalaya as per norms.

A. Selection of teams/ players-

1. Every Region will select best players / teams as per bench mark for National Participation as per the details given below:-
 - (i) Under-19 (Boys & Girls):- Each Region will select one team in each discipline i.e. Basketball, Cricket(U-17 & 19), handball, Hockey, kabaddi, Kho-Kho, Volleyball etc for KVS National Sports meet 2017-18. The team will comprise the best player of the Region, selected out of all the teams of the KVs participated in Regional Meet.
 - (ii) Under -14 (Boys & Girls):-Each Region will select one team in the each discipline i.e. Basketball, Football, Handball, Hockey, Kabaddi Kho-Kho, Volley Ball etc. The team will be the winner team of the Region (One KV Team only and No mix team). This team will participate in National Meet.
 - (iii) For Individual Event Under- 14, 17 & 19, the best player will be selected as per Bench mark/ winner of Regional Meet for National Participation.

2. The Standard of National Sports Meet should be maintained at every level.
3. All the Deputy Commissioners while sponsoring teams players for the National events will ensure that they strength, endurance, speed coordination and the skill required for particular event. The physical fitness profile of the students will be one of the parameters during selection at different levels.
4. The Deputy Commissioner will personally ensure that the selected players / Athletes must qualify the minimum bench mark .i.e. their performance is equal to or above the sixth position of 47th KVS National Sports Meet 2016-17 in the particular events/games wherever is applicable.
5. If the participant / teams found below the bench mark then such participants/teams will not be allowed to participate in 48th KVS National Sports Meet 2017-18 and No Certificate of participation will be issued in such cases.

B. Coaching Camp -

1. The Regional Office (Sports cell) will arrange a Coaching Camp for the following :
 - (i) For individual events in all categories i.e. Under- 14, 17 & 19 for Boys and Girls.
 - (ii) For team events coaching camp for Under 17 & 19 (Boys & girls).
2. For under -14 team events the respective Vidyalaya (Winner Team) will organized Coaching Camp in their own KV.
3. The duration of the Coaching Camp should be decided by the RSCB/Deputy Commissioner of the concerned Region depending upon the need of the game of the event. In no case coaching camp should exceed Two Weeks time.
4. Coaching Camp should be scientifically planned and all necessary infrastructure and good quality of coaches should be provided
5. Evening classes should be arranged by the Principal of the concerned Vidyalaya (Coaching Venue) for the students who are attending the coaching camp to compensate the loss of studies.

C. Reservation and Escorting duty-

The Deputy Commissioner should ensure that the all the players and teams are traveling by confirmed reservation Journey may be performed by 2ndSleeper Class/ AC Chair Car/3rd AC with confirmed Berth/Seat or by Volvo/AC buses or Non AC Buses with sleeper or comfortable seating preferably owned Govt. in case the journey time is less than 12 hours.

D. Escort/ Contingent Leader -

1. All the Regions should ensure that required numbers of escorts are to be sent with the teams/players, while selecting the escorts care should be taken not to depute those teachers who are medically unfit/Physically challenged and female teachers having child below the age of two years.
2. In addition to the escorting duty the Deputy Commissioner will depute One Contingent leader and One Assistant Contingent leader for the Regional Contingent of Boys and Girls separately. The contingent leader may be a Principal or Vice Principal. The Assistant Contingent Leader should be a PET/any other teacher of the Region who has keen interest in Sports and Games.
3. It is mandatory for the contingent leader and Assistant Contingent leader to travel with the Regional Contingent in the same transport for ensuring safety and security of the students.

SECTION-C

SCHEDULE FOR 48TH KVS NATIONAL SPORTS MEET 2017-18

S. NO	NAME OF THE HOST REGION	NAME OF THE EVENT	AGE GROUP	BOYS/GIRLS	DATES
1	Bhopal	All events	U-14	Girls	15 to 18 th Sept. 2017
				Boys	22 nd to 25 th Sept. 2017
2	Bangalore	All Event	U-17 & 19	Girls	4 th to 8 th October 2017
		Swimming	U-14, 17 & 19		
		Cricket	U-17	Boys	25 th to 30 th Sept. 2017
3	Guwahati	All Events	U-17 & 19	Boys-	06 th to 9 th Oct 2017
		Swimming	U-14, 17 & 19		
		Cricket	U-19	Boys	06 th to 11 th Oct 2017
4	Agra	KVS Subroto Cup Football	U-17	Girls	13 th to 15 th April 2017 (Conducted)
		KVS Subroto Cup Football	U-17	Boys	24 th to 27 th April 2017 (Conducted)

Note – Team events for Under -14 yrs. [Boys & Girls] will be organized as Inter KV Tournament up to 48th KVS National Sports Meet-2017-18 than selected participants/ team will participate in SGFI Meet-2017-18.

PARTICIPATION IN OTHER THAN KVS TOURNAMENTS

1. **International Subroto Cup Football-** KVS School winner team of Under -17(Boys & Girls) will participate in upcoming International Subroto Cup Football Tournament 2017-18.
2. **National Nehru Cup Hockey Tournament-** Winner of 47th KVS National Sports Meet 2016-17 School team(KV No. 1, RCF Hussainpur, Chandigarh Region) of U -14 (Boys) will participate as U-15 (Boys) in upcoming National Nehru Cup Hockey Tournament 2017-18.
3. **International School Federation-World School Champion-** KVS (Team/ Individual) will also participate in ISF-WSC Competitions through School Games Federation of India(SGFI)

SECTION-D

EVENTS AND AGE GROUPS FOR THE KVS 48th KVS NATIONAL SPORTS MEET 2017

S. NO.	NAME OF GAME/EVENT	AGE GROUP- BOYS			AGE GROUP- GIRL		
		14	17	19	14	17	19
1	ATHLETICS	14	17	19	14	17	19
2	BADMINTON	14	17	19	14	17	19
3	BASKETBALL	14	NA	19	14	NA	19
4	BOXING	14	17	19	NA	NA	NA
5	CHESS	14	17	19	14	17	19
6	CRICKET	NA	17	19	NA	NA	NA
7	FOOTBALL	14	17 (Only for Subroto Cup)	19	14	17 (Only for Subroto Cup)	NA
8	HANDBALL	14	NA	19	14	NA	19
9	HOCKEY	14	NA	19	14	NA	19
10	JUDO	14	17	19	14	17	19
11	KABADDI*	14	NA	19	14	NA	19
12	KHO- KHO	14	NA	19	14	NA	19
13	TENNIS	14	17	19	14	17	19
14	SHOOTING	14	17	19	14	17	19
15	SKATING	14	17	19	14	17	19
16	SWIMMING & DIVING	14	17	19	14	17	19
17	TABLE TENNIS	14	17	19	14	17	19
18	TAEKWONDO	14	17	19	14	17	19
20	YOGA	14	17	19	14	17	19
21	VOLLEYBALL	14	NA	19	14	NA	19
22	ARCHERY	14	17	19	14	17	19
23	ROPE SKIPPING	14	17	19	14	17	19

- Selection of Kabbadi Team will be done on the basis of weight category as per SGFI norms-

SECTION-E

GUIDELINES FOR CONDUCTING 48th KVS NATIONAL SPORTS MEET -2017

A. GENERAL GUIDELINES -

1. Every host Region should constitute an organizing committee for the smooth conduct of 48th National Sports Meet 2017-18.
2. A brief meeting with organizing Committee and Escort must be held a day before the start of Meet/Tournament/Competitions in which the Fixture/Schedule/Draw must be drawn / decided in the presence of escorts and the Technical Committee of Meet.
3. Team/Players should report at National venue a day before the Match/Tournament, to avoid hassles in last minutes.
4. Every Participants, Escort, Officials, Volunteers, Cooking staff, school staff and workers should be issued ID card by the Host KV/Region.
5. The Safety and Security consideration should not be compromised at any cost.
6. KVS (HQ) will depute team of Officers as observers and Technical Assistance for 48th KVS National Sports Meet.

B. SPECIFIC GUIDELINES-

1. **KVS Flag-** The host Region of 48th KVS National Sports Meet 2017-18 will arrange & issue Flag & Pole to participating region for march past at opening & closing ceremony. The flag size is 4ft x 3ft. Colour of flags will be the same as has been allotted for the playing kit for players of that Region as per given in Annexure- III.
2. **Play Field & Ground-**All the Deputy Commissioners of Region are requested to ensure proper maintenance of school play field/ground. The Vidyalaya may engage daily wages labor (Grounds men) for maintaining play fields as and when required under the supervision of PETs/ In-charge of Sports.
3. **Medical / Physical Fitness and Consent Certificate-** The Medical / Physical Fitness Certificate from registered doctor must be submitted by Participants/team along with consent letter from parents to participate at any level Tournament/Competition/Sports Meet.
4. **Passport & Aadhar -** Selected Students / Players for SGFI/ISF must have to submit their passport & Aadhar copy to concerned KV/Region before participating in SGFI/ISF-WSC Sports.

5. Trophies/ Medals & Certificate –

The Deputy Commissioner of host Region of 48th KVS National Sports Meet 2017 will arrange Trophies/Shields in all Games/Events for Boys and Girls separately as per the details given below:-

- (i) Winner trophy & Gold Medals for 1st Position Runner Trophy and Silver Medals for 2nd position and Bronze medals for 3rd Position only.
- (ii) Gold, Silver and Bronze medal will be given to first, Second & Third position in all individual events and in Boxing, Judo & Taekwondo- Gold for First, Silver for second and Bronze for Two Third position (Looser of semifinals).
- (iii) Participation certificate will be given to all participants.

A. Individual events-

S. No.	Level of Meet	Participation Certificate	Merit Certificate	Positions & Medals			
				1 st Position	2 nd Position	3 rd Position	Two Bronze medals will be given to looser of semifinals in Boxing, Taekwondo & Judo
1	Regional	RSCB	RSCB	Gold	Silver	Bronze	
2	National	NSCB By host region	NSCB	Gold	Silver	Bronze	

B. Championship-

For individual team Championship will be calculated on the basis of scored points by Region in individual events i.e. Athletics, Archery, Badminton, Boxing, chess, judo, Rope Skipping, Skating, swimming Table Tennis, Tennis

C. Team Events-

S. No.	Level of Meet	Participation & Merit Certificate	Medals			Trophy		
			1 st Position	2 nd Position	3 rd Position	Winner	Runner	2 nd Runner
1	Regional	Yes	Gold	Silver	Bronze	1 st Position	2 nd Position	3 rd Position
2	National	Yes	Gold	Silver	Bronze	1 st Position	2 nd Position	3 rd Position

D-Measurement of Certificate, Medals and Trophy (Maximum)-

S. No.	Items	Material	Size	weight	Thickness	Remarks
1	Certificate	Plastic Paper	A-4	N/A		
2	Medal (For players of individuals & team event)	Metal	2.5"	40 to 50 gm.	5 to 6 mm	Gold silver & Copper Colour With printed ribbon
3	Trophy (For players of individuals & team event)	Metal	W- 10 to 12 " H- 18 to 24 "	2 to 2.5 Kg.	Standard	Golden shine & Base
4	Trophy (for over all Championship Boys & Girls U-14,17 & 18)	Metal	W- 12 to 15 "	2.5 to 3.0 kg.	Standard	

SECTION- F
LODGING AND BOARDING ARRANGEMENT

A. FOOD ARRANGEMENTS:-Each venue Principal should make proper kitchen arrangement for preparing nutritious and healthy food in hygienic environment. To ensure neat and hygienic cooking environment the food should be tasted by the venue Principal and Staff as well as any official visiting the venue. The menu for the Meet is given below as :-

MENU / FOOD CHART FOR REGIONAL /NATIONAL MEET.

S. NO.	ITEMS	ITEMS/MATERIALS & QUANTITY
1	Break-fast	1. Milk-200 ml or more 2. Breads with Butter & Jam 3. Idli - Bada with Sambhar & Chatni Or Aloo Parantha & Curd 4. 02 Bananas or Apple-01) or Eggs Boiled-02pcs.
2	Lunch	1. Chapati(Tawa Roti) 2. Rice simple / Jeera Rice 3. Dal(Arhar/Chana/Soya/Rajma/Chhole etc.) 4. Mixed Veg (Seasonal veg) 5. Paneer (for Vegetarian) Or Fish/Chicken (for non-vegetarian) 6. Salad & Pickle 7. Papad (Moong Dal) 8. Curd / Rayta(Bundi/Vegetable) 9. Sweet dish /Fruits Custard / Fruits (any one)
3	EVENING (SNACKS& JUICE)	1. Juice-100ml. 2. Snacks-Sandwich/Samosa/Aaloo Bonda=02 or more
4	DINNER	1. Chapati(Tawa/Tandoor Roti) 2. Rice Pulaav with Dry fruits 3. Dal(Arhar/Chana/Soya/Rajma/Chhola etc.) 4. Mixed Veg/Kofta (Seasonal Veg.) 5. Paneer (For Vegetarian) or Fish/Chicken(For non-vegetarian) 6. Papad & Pickle 7. Salad(Mixed) 8. Curd / Rayta(Bundi/Vegetable) 9. Sweet dish /fruits Custard / Kheer with Dry fruit
5	NIGHT (BEFORE SLEEP)	Milk with flavor & Sugar - 200ml. minimum or more

Note:- a) Main meals should be served in buffet system. The Menu is for all Players, Escorts, Coaches and Officials etc.

b) The Venue Principal will provide the same scale/standard of food/diet to the Participants/Escort Teacher/PETs/Coaches/Officials as mentioned above.

c) Proper seating arrangement should be made for Students & Staff in Dining area.

(B) STAY ARRANGEMENTS:-

The following facilities / materials should be provided by the venue Principal at stay venue to Participants and Escorts/Coaches during Regional and National Sports Meet 2017:-

1. Adequate number of Cots, Mattresses, Bed-sheets and Pillows, Quilts or Blanket should be provided to participating Students & Teachers where ever required. The bedding should be safe and clean. It should be cleaned or changed when required/requested.
2. Clean RO(Pure) drinking water should be provided at Dining area , play (Ground) venue.
3. Drinking water dispenser should be provided/kept in room for participants and it should be filled/ replace regularly.
4. Fresh running water should be provided for bathing & wash in toilets.
5. Existing toilets should be converted in to separate bathrooms and toilets.
6. All Lights and Fans should be made functional and power back-up (Generator) must be arranged.
7. Mosquito coils/repellent and emergency light should be provided to the participants.
8. Nylon rope for drying clothes should be provided to participants.
9. Sufficient buckets and mugs should be provided to the participants.
10. Rooms should have curtains for privacy of students, especially for girls.
11. Toilets should be cleaned thrice a day. Rooms should be cleaned once a day. Cleaning staff should be available 24 hours at stay venue.
12. During night some entertainment/ cultural programme / TV/Video of day activities/matches for 8.0 to 9.30 pm may be arranged.
13. CCTV camera should be installed in the Vidyalaya/ Stay venue and should be monitor by team regularly.

SECTION – G
TECHNICAL GUIDELINES

A. Play Ground & Field, Play Court, Swimming Pool, Equipment, Referees /Umpires and Competitions-

1. The Regional & National Sports Meet for Athletics should be conducted on synthetic Track. Hockey should also be conducted on Artificial grass / Astro turf surface.
2. Swimming competition should be conducted in standard pool and moderate temperature of water.
3. The Scientific digital time watch should be used during competitions/ trials.
4. All matches should be played on standard surface/ playing court/ ground as per norms of the event/ game.
5. Skating competition will be conducted on standard Rink to avoid variations of timings of participants.
6. Only electronics devices should be used during competition for all kinds of records purpose i.e. time recording, computerized merit list, allotment of lane in Athletics & Swimming, Photo finish devices.
7. Video recording of all events in Athletics & Swimming should be used/done to avoid any type of dispute.
8. All Playing equipment and materials should be of standard quality as approved by Federation/Sports Authority of India to avoid any dispute /injury during competitions.
9. It should be ensured that no participant/ player/ student participate without proper playing kit and shoes.
10. Qualified Referees/ Umpires and Officials should be engaged for Regional / National Sports Meet.

B-Conduct of Tournaments /Competition/Matches –

1. The Matches for team events will be played on league cum knockout basis and fixtures should be drawn on scientific formula in front of participating team Captains along with team Manager/Coaches/Escorts.
2. The Match schedule/ fixture must be communicated to all the Participants, Escorts well in advance and should also be displayed at prominent places.
3. The Organizing Committee will constitute a Technical Committee for events to conduct the tournament/ competition.

C- Participation, Competitions and Selection of Team / Players-

1. The games i.e. Table-Tennis, Badminton and Tennis will be held as first singles, doubles and second singles, for individual events i.e. Badminton, Table-Tennis and Tennis top five seed will play for individual singles and top five winning students of individual singles can be selected for the next higher level. Regions will invite entries from individual players for Regional level singles tournaments and conduct the Regional level competitions directly. The best five singles players should be deputed for KVS National and SGFI Meet.
2. The Merit / Ranking of selected players at the Regional level must be decided before declaring the result and same merit list of selected players should be sent to the venue of KVS National Sports Meet with the details of participants eligible for doubles.
3. The Matches for Badminton, Taekwondo, Tennis, Table-Tennis, Judo, Boxing, Rope Skipping, Archery, Shooting and Chess will be played as per the SGFI / Federation/Associations rules.
4. The Events related with Athletics, Swimming, Rope Skipping, Skating where the time/time trial is recorded should be as per the KVS bench mark.
5. Skaters can opt for two races out of three races in quad event and three races out of four races in in-line event for competition. A player can take part either in quad or In-line event. No player can take part in both events.
6. Only three participants can take part in KVS National Sports Meet & SGFI in one age group in the event of quad and three participants can take part in KVS National /SGFI in the event of In-line. While selecting the team of participants for quad/in-line, preference will be given to first place holder/gold medalist. If the team cannot be constituted with three players who are gold medalists then silver/bronze medalist may be selected for higher level. If the gold medalists are more than three, then merit /marks will be calculated as maximum points.
7. In Rope Skipping the best players are to be selected on the basis of individual and team performance as per the federation's norms. The points secured by the participants are to be recorded for further enquiry.
- 8. If the number of participants is less than three, the participation certificate may be awarded to the individual concerned and he / she may be selected /recommended for next higher level competition. However, his or her physical fitness and playing ability as per norms should be recorded according to the concerned event. No merit certificate, medals and cash award will be given in such cases.**

D-Championship Calculation-

The Championship will be calculated up to sixth position only by awarding score for individual events 10, 6, 04, 03, 02, 01 and for team games 20, 12, 08, 06, 04, 02. Beyond this the host Region should not give the position.

E-Substitutions of players-

The Rolling substitutions may be applied in all team events (where it is restricted) during 48th KVS National Sports Meet 2017-18 and the message must be conveyed to all participating Regions before start of Tournament/Meet. There will be no limit for substitutions in team events which are affected due to reducing number of players in team.

E-Eligibilities Certificate , Documents -

- 1. Eligibility Certificates:-** No student will be allowed to participate without eligibility certificate. Selected participants from KVs /Regions will bring computerized eligibility Certificates in single copy up to KVS National Sports Meet 2017-18 and submit to the venue Principal. Eligibility Certificates in quadruplicate(4 copies) and Passport copy in respect of all the students selected for the SGFI/Subroto Cup/Nehru Cup/ISF Tournament will be submitted to the Host Region/Coordinating Region , which is the SGFI Venue and would be coordinating the KV School Team/ Regional Team /KVS team /KVS SGFI team.(**appendix- III**)
- 2. The Passport & Aadhar copy should be submitted before participating in the Subroto Cup/SGFI/ISF-WSC.**

F-Age Group-

- 1 The details of age-groups and the class up to which the students are eligible to participate in these games are as under:-

S. No.	AGE GROUP (As on 31/12/2017)	CLASS	CALCULATION OF DATE (on or after)	Age proof certificate
A	U-14	Up to Class – VIII	01/01/2004	Report card of Class VII
B	U-17	Up to Class - X	01/01/2001	Report card of Class IX
C	U-19	Up to Class- XII	01/01/1999	Report card of Class X

SECTION-H

SAFETY AND SECURITY MEASURES

1. Safe and secure transport should be arranged for the participating students & escort from stay venue to play venue.
2. Fire safety measures must be functional at stay venue and play venue.
3. Water tanks, septic tanks, drains and deep pits at the games and stay venue should be closed to avoid any untoward incidents.
4. Terrace gate / doors must be locked.
5. Security guard and CCTV camera must be functional round the clock at Dining area, Common places and corridor etc.
6. Medical facilities /Medical assistance must be arranged at stay & play venue at all times. If any emergency it should be referred to nearby Hospital immediately.
7. Electrical switches, wires, electric points and appliances must be checked so that incidents of short circuit etc are avoided.
8. Before the games the stay venue should be fumigated and pest control measures be taken. The area should be cleaned and extra vegetation, grass, bushes etc. removed, Cleanliness should be ensured at all times.
9. Unwanted visitors must be prohibited at stay & play venue. In case a child has a visitor, the parent/ guardian of the child should be asked to verify be beforehand. A visitor turning up suddenly to visit a child should not be permitted in the premises. At any point of time child be allowed to go out without escort and permission of the venue principal. Escorts should have the telephone number of all the students under their care as well as their parents.
- 10.Visitor register should be maintained at stay venue
- 11.Only authorized persons should be allowed for video & photography during Sports Meet.
- 12.Important Contact numbers must be displayed prominently on notice boards and other frequently used places.
- 13.24 hour help desk should be available at stay venue so that students/ escort can contact them at any time in case of emergency /any problem.
- 14.The helpdesk staff should have telephone facility.
15. A Register should be maintained in which complaints are noted along with action taken and date and time of redressal.

SECTION- I

YOGA

A-YOGA COMPETITION-

1. National School Games Yogasana Competition will be held for Boys & Girls Section separately.
The rules for the date of birth, eligibility and protest note will be according to the SGFI rules and norms.
There will be three age groups in both the sections as under:-
(i) Under 14 Years (ii) Under 17 Years (iii) Under 19 Years
2. A team must consist of a maximum of five competitors (including one reserve). A team consisting of less than four competitors will not be eligible for team championship, but their performance will be considered for individual position. For championship, marks of only best four players will be counted.
3. The Yogasana Competition will include the following Asanas:-
Group-A
(i) Paschimotanasana Note: elbow must touch the floor. (ii) Sarvangasana
(iii) Matsyasana (iv) Dhanurasana Note: Competitor can perform puma
Dhanurasana (v) Ardha Matsyendrasana (vi) Uttan Padasana
Group - B
(i) Chakrasana (ii) Kukutasana (iii) Shrisasana (iv) Bakasana (v)
Bhumasana (vi) Puma Shalabhasana
Group-C
(i) Sankhyasana Note: Knee should not touch the floor (ii) Vyaghrashana
(iii) Urdhva Kukutasana (iv) Utith Titibhasana (v) Padama Mayurasana (vi)
Utith Padhustasana
4. The Asanas of group 'A' to be performed and retained for age group below 14 years - 1 minute and for age groups below 17 years & 19 years 2 minutes
5. The Asanas of group 'B' are to be performed and retained for 15 (fifteen) seconds for age group below 14 years. while for below 17 and 19 asanas are to be performed and retained for thirty seconds.
6. The Asanas of Group 'C' are to be performed and retained for ten seconds for all the age groups.
7. At the time of competition, asanas from group 'A' & group 'B' will be assigned by draw system on the spot. While in group 'C', anyone asana can be selected by the player. Every participant has to perform three asanas Separate draws will be made for boys & girls section.
8. Three compulsory asanas are to be performed from the given list of eighteen asanas in Group 'A', 'B' and 'C'. In addition to this. two any other asanas of the player's choice are also to be performed excluding compulsory asanas. Thus a total 5 asanas are to be performed by all the competitors. Each asana will contain 10 marks and thus a competitor will be given marks out of a total of 50 marks.

9. If required, the authority may reduce the time limit for the asanas. For example, the time limit of an asana may be reduced from two minutes to 1 minute. In any case, the time limit will not be extended. Such change, if made, will be applicable to all participants.
10. A competitor will be allowed a maximum of three attempts for optional asanas, no further attempt will be granted for compulsory asanas.
- (11) No asana will be changed or altered once fixed or obtained by the competitor.

B- Marking scheme and Grade

1. Marking scheme will include the construction, the holding and the lasting of an asana. Expression of tension and trembling will also be noted. The final pose will be accepted with smiling face and pleasant expression.

Each asana will be of 10 marks. The detail distribution of these 10 marks will be given by the judges as under:

- (i) Way of performance to reach the final stage of the asana-1 mark.**
- (ii) Perfect posture of the asana - 4 marks.**
- (iii) Exhibition of the asana without tension and trembling- 2 marks**
- (iv) Stay in asana for a fixed time - 2 marks.**
- (v) Returning to original position -1 mark.**

(14) For optional or voluntary asanas, categories will be clarified as 'A', 'B' & 'C' grade. 'A' grade will include asanas, which have balance factor and flexibility of torso and waist. It will also include risk factor.

For example- The standing Vruchik asana. Asanas with only flexibility (without balance) will be in 'B' grade.

For example- Dimbasana, Deepasana and Vruschikasana. Other asanas are in 'C' grade.

For 'A' grade asana marking will be out of 10 marks.

For 'B' grade, out of 8 marks .

For 'C' grade marking will be out of 6 marks.

The category of the asanas will be decided by the panel of judges on their discretion.

(15) One chief judge, plus four judges, a scorer and a time keeper will form a panel of judges. There will be two panels of judges - one for boys and one for girls sections.

(16) A judge will write the marks of every asana in their scoring sheet and display the mark card so that the spectators may see and the scorer can note down the points and announce it. The judges will award marks out of 10 marks to each competitor for each asana separately, the maximum and minimum marks will be deleted (highest & lowest) and the average of the other remaining two will constitute the final score.

(17) The judges are free to observe the candidate on the carpet and if needed can order the competitor to perform the asana again.

Dress/Costume

(18) Track suits will not be allowed while performing asanas. Slacks, Shorts or Swimming Costumes are compulsory during the asanas. Participants are strictly instructed to put on tight underwear with elastics.

Tie/Draw

(19) The marking system for a tie :- (i) In case of equal marks, a performer's total marks given by all judges will decide the winner.

(ii) If a tie still remains than a performer who has obtained more marks in optional asanas will be declared as the winner.

(iii) If a tie still remains than marks obtained in group 'C' asanas will decide the winner.

(iv) Still there are more than one competitor with equal marks, they will be decided joint winners. But if the tie is for the first place then the winner will be decided by a toss of again.

(20) (i) If there are more than fifteen teams, best 6 teams will be selected for the final round after the completion of the first round.

(ii) If there are ten or more teams, four best teams will be selected for the final round.

(iii) If there are less than ten teams, final will be conducted directly and rules of the final competition will be applied.

(21) The rules for the final competition for individual and teams Championship :-

(a) Competitors will have to perform five asanas from groups 'A', 'B' & 'C' as per judges instruction but there should not be more than two asanas from one group. Asanas performed in preliminary round should not be repeated.

(b) Competitors will perform two asanas of their choice, excluding compulsory 18 asanas.

(c) Surya Namaskar is a compulsory asana for the final competition.

The marking will be as under :- A total of 10 marks as per following divisions -

(i) Body posture - 3 marks

(ii) Forward bend - 3 marks

(iii) Backward bend - 3 marks

(iv) Dress/Costume - 1 mark

(d) Individual Championship will be conducted separately and the best performer from the preliminary round will be selected for the final championship .

(22) For individuals -

(i) The winner will get 5 marks,

(ii) The runner up will get 3 marks.

(iii) 2nd Runner up will get 2 marks.

(23) for team championship-

(i) Winning team will get 10 marks,

(ii) Runners up will get 6 marks.

(iii) 2nd Runners up will get 4 marks.

The Region/State with maximum marks will be declared the championship state.

(24) The rules for the date of birth, eligibility and protest note will be according to the SGFI rules and norms.

Note- For details see SGFI site-

Section- J

CASH AWARD

KVS has instituted the following cash awards for the winners in KVS National Level Meet & SGFI Level etc.

Cash prize for individuals and Team events at various level for Winners

Tournament/ Meet	Event/ Game	Medal/Position				Amount incurred from fund/Boar d	Player/ Team sponsored by
		1 st Gold	2 nd Silver	3 rd Bronze	* 4 th Bronze		
KVS National (Included KVS Subroto & KVS Hockey Nehru Cup)	Individual	Rs.10000	Rs. 8000	Rs. 5000	Rs. 5000	RSCB	KVS(RO) Region
	Team	Rs.5000	Rs.3000	Rs.2000	N/A		
National School Games (SGFI)	Individual	Rs.15000	Rs.12000	Rs.10000	Rs.10000	NSCB	KV5(HQ) New Delhi
	Team	Rs.10000	Rs.7500	Rs.5000	N/A		
Nehru Cup Hockey / SSPF / Reputed open Tournament	Individual	Rs.12000	Rs.8000	Rs.4000	Rs.4000	RSCB	KV5(RO) Region
	Team	Rs.5000	Rs.3000	Rs.2000	N/A		
International level (ISF-WSC)	Individual	Rs.50000	Rs.30000	Rs.20000	Rs.20000	NSCB	KVS(HQ) New Delhi
	Team (For each players)	Rs.10000	Rs.6000	Rs.4000	N/A		
Subroto International Football Tournament	Team	Rs.10000	Rs.6000	Rs.4000	N/A	NSCB	KVS (RO) / KVS (HQ)

***4th place for Boxing, Judo and Taekwondo only.**

Distribution of Cash Awards:-

(i)- The cash award will be distributed in the Vidyalaya based on the list of winner of Cash Award supplied by the host Region(s).The award will be distributed to the winners in a befitting manner i.e. on the occasion of Annual Day/ Sports Day/ in any other function.

(ii)- The expenditure of the cash award initially will be incurred by the concerned Vidyalaya from its VVN which will subsequently be reimbursed from the Regional Office from RSCB Fund

Section- K

EXPENDITURE

1. Expenditure by KV -

The Vidyalayas will make the following expenditure on their teams out of the Vidyalaya Vikas Nidhi (VVN) /School Fund as per following details-

- (a) Expenditure on TA &DA for participating students during the journey period from their respective KV to the venue of the Regional level Sports /Meet and back will be met out of the VVN of KV concerned.
- (b) Expenditure on playing kit and playing equipment/ playing accessories etc for participating students will be met out from VVN of KV concerned up to Regional level participation.
- (c) Expenditure on TA &DA of escorting teacher will be met out of the School Fund of the concerned KV during journey period.

2. Expenditure by the Region-

- (a) Conduct of the Regional level Sports Meet/Tournaments in all Games.
- (b) Preparation of Play-fields, Playing equipment, Hiring of tents, Mattress, bed roll, cot for participants / escorts etc. to conduct Regional Meet.
- (c) Purchase of Trophies, Medals and Printing of Certificates for Players/Students.
- (d) Playing kit and equipments for Participants /Students, TGT(PHE) and escort Teachers deputed to KVS National Sports Meet.
- (e) Honorarium will be paid @ **Rs.1000/-** per day per head as remuneration & **Rs. 200/-** per day per head as a conveyance charge for Officials/Umpires & Referees for matches in Regional Sports Meet
- (f) Expenditure incurred on Boarding and Lodging, Coaching camp local transportation and TA up to National venue and back for Regional Team at Regional Coaching venue.
- (h) Expenditure incurred providing on Medical facilities/First aid etc. during Regional Meet /Coaching Camp/ Journey period.

3. Expenditure by NSCB-

Expenditure on conducting of KVS National Sports Meet will be incurred by the NSCB, KVS (HQ). An amount of **Rs.400/-** is fixed (Boarding Rs. 325/- and Lodging Rs. 75/-) for lodging and Boarding arrangement for participating students, PETs, Escorting teachers, Coaches, Officials engaged for conducting Sports Meet.

- a. If journey period more than 08 hours, the rate will be **Rs. 325/-**.
- b. If journey period is less than 08 hours, the rate of DA will be **Rs.225/-** per student
- c. If not staying overnight and not availing lodging facilities will be paid **Rs.225/-** per head per day.
- d. Expenditure on playing equipment, playing kit for SGFI players & teachers deputed as coach/Manager, Medical-Aid, Transportation, Honorarium to officials for conduct of Matches,
- e. Purchase of Medals, Trophies / Shields, Printing of Certificates.
- f. Hiring of tent /Shamyanas and all arrangements for organizing of KVS National Sports Meet in each game will also be met by the NSCB , KVS(HQ).
- g. The Remuneration/Honorarium to officials engaged for conducting of matches in Regional & National Sports Meet will be paid @ **Rs.1000/-** per day per head as remuneration &**Rs.200/-** per day per head as a conveyance charge.
- h. Playing kit (as per norms) for KVS team / participants of KVS team participating in SGFI if sponsored by KVS.
- i. Cash award for winner of First, Second & Third position in KVS National sports Meet.
- j. Cash prizes for winner/ medallion in SGFI/ Subroto Cup/ Nehru Cup/ International level competition if sponsored by KVS(HQ).
- k. Organizing / Conducting/ Hosting of National School Games(SGFI Meet) in KVS after approval of KVS(HQ).
- l. Coaching Camp for SGFI/ International Participation on KVS Team.

Note- Food/transportation bills during journey should not be insisted upon from escort teachers. Self certified / verified bills should suffice. If required verification can be from students.

4. FOR INTERNATIONAL SCHOOL FEDERATION PARTICIPATION (ISF-WSC)-

All Expenditure on Playing Kit / Registration fee /TA & DA and other contingent charges for participation in Subroto cup/ Nehru cup and International School Federation -World School Championship / Tournament as School Team or Individual through KVS/SGFI will be met out from RSCB by concerned Region.

5. FINANCIAL GUIDELINES

For conducting the National Sports Meet, if Regions don't have adequate funds for incurring the expenditure for organizing National Sports Meet they may take advance under the different heads.

a)- FORMAT FOR SEEKING ADVANCE

EXPENDITURE HEADS FOR THE KVS NATIONAL SPORTS MEET

S. No.	Proposed Heads of Expenditure	Expected Expenditure in Rs.
1	Expenditure on DA	
2	Transport	
3	Hiring of Tents/Shamyana etc.	
4	Hiring of Sports Stadia/grounds/Equipments	
5	Honorarium for Officials/Referees/Umpires	
6	Lighting, PA & Sound system	
7	(i) Still Photography (ii)Video (iii) Print media (iv)Banners / Flex	
8	Medical expenses	
9	Medals ,Trophy & Mementos	
10	Expenditure of Cultural Programme	
11	Playing equipment and ground maintenance	
12	Printing of KVS Sports Souvenir (1250 copies approx.)	
13	Certificates, Invitation Brochures, I-Cards, Badges & Printing etc.	
14	Opening and Closing Ceremonies	
15	Cash Awards (only for SGFI& ISF)	
16	Miscellaneous	
Total		

b)- SUBMISSION OF ACCOUNT

The consolidated account of final bill should be submitted to KVS(HQ) by the Region within the 90 days of completing the National Sports Meet. Accounts should be submitted in the prescribed format given on page- 24 & 26.

While submitting the bill following points should be kept in the mind:

- (i) All bills should be pre- audited by the Finance officer and countersigned by the Deputy Commissioner and put the stamp of pre-audit and Paid & Cancel on the body of the consolidated statement of pre-audited & admitted amount and signed by the competent authorities (Deputy Commissioner & Finance Officer).
- (ii) No original voucher should be send to this office. They all should be kept in Regional office for further audit and verification if required.

c) Publication of souvenir-

Souvenir of 48th KVS National Sports Meet for session 2017-18 will be published by KVS Bhopal Region after approval from KVS(HQ).

STATEMENT OF EXPENDITURE (VENUE WISE) FOR CONDUCT OF NATIONAL SPORTS MEET-

S.No.	Name of the Venue KV	STATEMENT OF EXPENDITURE (VENUE WISE) FOR CONDUCT OF NATIONAL SPORTS MEET-												
		1	2	3	4	5	6	7	8	9	10	11	TOTAL	
	Name of the event													
	No. of players participated													0
	Escorts & Officials													0
	Total	0	0	0	0	0	0	0	0	0	0	0	0	0
	Expenditure	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	TOTAL (Rs.)
1	Boarding and Lodging for players/escorts/coaches/officials engaged for conducting sports meet (as per norms of KVS)													0
2	Medical aid (including hiring of Ambulance)													0
3	Transportation													
	i) Local transport from stay venue to Play venue and back.													0
	ii) Movement of contingent from stay venue to for inaugural on dtd..... & valedictory on dtd..... To & Fro.													0
4	Honorarium to officials for conducting matches as per norms of KVS.													0
5	Purchase of Medals, Trophies, Shields													0
6	Printing of certificates, invitations, identity cards etc.													0
7	Cash Awards as per norms of KVS													0
8	Hiring of tent/shamyanas/ PA system.													0
9	Hiring & preparation of sports fields/stadium/ purchase of sports equipment/kit													0

S.No.	Name of the Venue KV	1	2	3	4	5	6	7	8	9	10	11	TOTAL
		Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	Rs.	
	Name of the event												
	No. of players participated												0
	Escorts & Officials												0
	Total	0	0	0	0	0	0	0	0	0	0	0	0
10	Contingent expenditure (photo/ videography, LED TV hiring, Genetaor hiring, Flags, Badges, decoration, stationery, drinking water flexi/banners/ inaugural & vallidictory expenses etc.)												0
11	Total	0	0	0	0	0	0	0	0	0	0	0	0
12	Less: Advance released by HQ.												
13	Balance to be refunded to HQ/To be Reimberesed from KVS HQ.												0

Dealing Asstt.

Finance Officer

DEPUTY COMMISSIONER

KENDRIYA VIDYALAYA SANGATHAN: REGION
STATEMENT OF EXPENDITURE FOR CONDUCT OF NATIONAL SPORTS MEET-

No. of Students participated-.....

Escorts & Officials Reported -.....

S.No.	Expenditure	TOTAL (Rs.)
1	Boarding and Lodging for players/escorts/coaches/officials engaged for conducting sports meet (as per norms of KVS)	0
2	Medical Aid (including hiring of Ambulance)	0
3	Transportation	
	i) Local transport from stay venue to Play venue and back.	0
	ii) Movement of contingent from stay venue to ----- for inagural on dtd..... & valedictory on dtd..... To & Fro.	0
4	Honorarium to officials for conducting matches as per norms of KVS.	0
5	Purchase of Medals, Trophies, Shields	0
6	Printing of certificates, invitations, identity cards etc.	0
7	Cash Awards as per norms of KVS	0
8	Hiring of tent/shamyanas/ PA system.	0
9	Hiring & preparation of sports fields/stadium/ purchase of sports equipment/kit)	0
10	Contingent expenditure (photo/ videography, LED TV hiring, Genetaor hiring, Flags, Badges, decoration, stationery, drinking water flexi/banners/ inaugural & valedictory expenses etc.)	0
11	Total	
12	Less: Advance released by HQ.	
13	Balance to be refunded to HQ/To be Reimberesed from KVS HQ.	0

Finance Officer

Dy. Commissioner

SECTION- L

COLOURS FOR REGION

10. COLOURS ALLOTTED TO THE REGIONAL CONTINGENTS:-

S. No.	REGION	ALLOTTED COLOURS & ITS COMBINATION
1	ARGA	MAROON WITH YELLOW STRIPS
2	AHMEDABAD	YELLOW WITH GREEN STRIPES
3	BANGLORE	LIGHT SKY BLUE WITH NAVY BLUE STRIPES
4	BHOPAL	GREY WITH GREEN STRIPES
5	BHUBNESWAR	RED WITH WHITE STRIPES
6	CHANDIGARH	NAVY BLUE WITH RED STRIPES
7	CHENNAI	BOTTLE GREEN WITH YELLOW STRIPES
8	DEHRADUN	NAVY BLUE WITH YELLOW STRIPES
9	DELHI	NAVY BLUE BASE WITH SUBLIMATION COLOUR
10	EARNAKULAM	ORANGE WITH BLUE STRIPES
11	GUWAHATI	ORANGE WITH GREEN STRIPES
12	HYDERABAD	BROWN WITH YELLOW STRIPES
13	JABALPUR	MUSTARD WITH BLACK STRIPES
14	JAIPUR	RDYAL BLUE WITH WHITE STRIPES
15	JAMMU	BOTTLE GREEN WITH WHITE STRIPES
16	KOLKATA	GREEN WITH BLUE STRIPES
17	LUCKNOW	RED WITH BLUE STRIPES
18	MUMBAI	MAROON WITH WHITE STRIPES
19	PATNA	LIGHT BLUE WITH BLACK STRIPES
20	RAIPUR	GREY WITH WHITE STRIPES
21	RANCHI	SKY BLUE WITH WHITE STRIPES
22	SILCHER	GREEN WITH WHITE STRIPES
23	GURGAON	NAVY BLUE WITH ORANGE STRIPES
24	TINSUKHIYA	BOTTLE GREEN WITH ORANGE STRIPES
25	VARANASI	RED WITH GREEN STRIPES

Note:-

- I. Sublimation design on playing kit & Track suit is permissible. If the colour of strips is not available, the colour of strip and base may be sublimated .
- II. The Colour of Playing kit, Track suit & Blazer for KVS team for participating in SGFI Meet will be navy blue base with sublimation colors.

SECTION- M

REGIONAL SPORTS CELL

1. Name & Contact of Regional Sports Cell of all Regions-

S. No.	Region	Assistant Commissioner	Mobile Number	TGT (P &HE)	Mobil Number
1	ARGA	SH. M L MISHRA	09102669326	SH. S K MAURYA	09412316970
2	AHMEDABAD	SH. S P PATIL	09429179935	SH. MUKESH PARMAR	09427001927
3	BANGLORE	DR. RAJESHWARI	9483525259	Sh. P R RATISH	09481185117
4	BHOPAL	DR. B. KAUR	09589339232	Sh. AJAY WARATHE	09424401031
5	BHUBNESWAR	SH. KRISHNA KUMAR	09437083090	Sh. S K MISHRA	09777118259
6	CHANDIGARH	SH. G S SANDHU	09914073913	Sh. JAGJEET SINGH	09988783323
7	CHENNAI	SH. JOHNSON METHEW	09496228300	DR. CHANDRASHEKAR	09443684029
8	DEHRADUN	SH. P K TAMTA	09410970914	Sh. PRAMOD KUMAR	09456501921
9	DELHI	SH. SANJIT KUMAR	09412277870	Sh. YOGENDER	09654963638
10	EARNAKULAM	SH. C KARUNAKARAN	09446522792	SH. BINU ASHOKAN	09497165430
11	GURGAON	SH. C S AZAD	09968067596	SH. SUDHIR GUPTA	09416916468
12	GUWAHATI	SH. D PATLE	09401889707	SH. B R DAIMARY	09435732745
13	HYDERABAD	SH. JSV LAXMI	09425012731	SH. D RAMU	09989404278
14	JABALPUR	Ms. SHAHIDA PARVEEN	09966000672	SH. NEEMESH SHRIVASTAVA	08889124111
15	JAIPUR	DR. V GOWRI	07023041345	SH. RAJEEV NAIN	09462593359
16	JAMMU	SH. A S GILL	0990690998	SH. MANJEET SINGH	09419109511
17	KOLKATA	DR. S BOSE	09674968577	DR. A K PAUL	09474695022
18	LUCKNOW	SH. T P GAUR	09435577980	SH. S S CHAUHAN	09450363476
19	MUMBAI	SH. SARITA NASWA	09869252574	SH. SANJAY BOKAN	09892587969
20	PATNA	DR. ANURAG YADAV	09675355522	DR. GYAN PRAKASH	09955217788
21	RAIPUR	SH. K SASEENDRAN	09424203311	SH. SANJAY BISON	09425832200
22	RANCHI	SH. NIRANJAN KUMAR	09431700028	SH. B K MISHRA	09431319355
23	SILCHER	SH. T PRABHUDAS	08762665990	SH. UMANAND SHARMA	09957393098
24	TINSUKHIYA	DR. D MANJUNATH	09954830825	SH. U P SINGH	08822171224
25	VARANASI	Ms. MEENAKSHI JAIN	07705011963	SH. S L S YADAV	08896004280

2. Scope of work for KVS Regional Sports Cell

- (i) Maintaining the records of Sports infrastructure in Region.
- (ii) Maintenance of Profile of TGT(PHE) , Sports Coaches & Yoga expert etc.
- (iii) Records of students participation in KVS , SGFI , International and other than KVS Sports etc.
- (iv) Profile of Top Sports achievers (Students)at National and International level.
- (v) Record of expenditure on sports development, organizing, participation and conducting of sports events Meet /Tournament etc.
- (vi) To make coordination/communication with KVs/Regional Sports Cell and National Sports Cell(HQ) etc.
- (vii) A meeting of all TGT(PHE) should be conducted once in a year at Regional level under chairmanship of Deputy Commissioner.
- (viii) Collection , Analysis and submission of all the data related with Sports should be sent to all KVs/Regions/KVS(HQ) as and when it is required.
- (ix) Supervision of KVS Regional/National/SGFI/other tournament and submission of report to the concerned Sports Cell/KVS(HQ).

3. CONTACT DETAILS-

In case of any query or communication is required the Assistant Commissioner and TGT(PHE) of Regional Sports Cell may contact to the following officers:-

1. Shri Y P Singh, Asstt. Commissioner(Acad.) KVS (HQ), 011-26564294
2. Dr. P S Dara, Sports Cell KVS (HQ) 09205750368
3. Shri. H S Kushwaha, Sports Cell, KVS (HQ) 09205750438
4. E-mail- dcsportscellkvshq@gmail.com & acacad2@gmail.com

APPENDIX – II

Events, Age Group & No. of Participants at various level Meet-

ATHLETIC-

Sl. No.	Event	Under – 14				Under – 17				Under – 19			
		Boys		Girls		Boys		Girls		Boys		Girls	
		No. of Participants up to KVS National level	For SGFI	No. of Participants up to KVS National level	For SGFI	No. of Participants up to KVS National level	For SGFI	No. of Participants up to KVS National level	For SGFI	No. of Participants up to KVS National level	For SGFI	No. of Participants up to KVS National level	For SGFI
1	100 M	1	2	1	2	1	2	1	2	1	2	1	2
2	200 M	1	2	1	2	1	2	1	2	1	2	1	2
3	400 M	1	2	1	2	1	2	1	2	1	2	1	2
4	600 M	1	2	1	2	0	0	0	0	0	0	0	0
5	80 M hurdle	1	2	1	2	0	0	0	0	0	0	0	0
6	High jump	1	2	1	2	1	2	1	2	1	2	1	2
7	Long jump	1	2	1	2	1	2	1	2	1	2	1	2
8	Shot put	1	2	1	2	1	2	1	2	1	2	1	2
9	Discus throw	1	2	1	2	1	2	1	2	1	2	1	2
10	800 M	-	-	-	-	1	2	1	2	1	2	1	2
11	1500 M	-	-	-	-	1	2	1	2	1	2	1	2
12	3000 M	-	-	-	-	1	2	1	2	0	0	1	2
13	5000 M	-	-	-	-	0	0	0	0	1	2	1	2
14	100 M hurdle	-	-	-	-	1	2	1	2	0	0	1	2
15	Triple jump	-	-	-	-	1	2	1	2	1	2	1	2
16	Pole Vault	-	-	-	-	1	2	1	2	1	2	1	2
17	Javelin throw	-	-	-	-	1	2	1	2	1	2	1	2
18	Hammer throw	-	-	-	-	1	2	1	2	1	2	1	2
19	3 km walk	-	-	-	-	0	0	1	2	0	0	0	0
20	5 km walk	-	-	-	-	1	2	0	0	1	2	1	2
21	110 M hurdle	-	-	-	-	-	-	-	-	-	-	1	2

22	400 M hurdle	-	-	-	-	-	-	-	-	1	2	1	2
23	4x100 M relay	4	4	4	4	4	4	4	4	4	4	4	4
24	4x400 M relay	-	-	-	-	-	-	-	-	4	4	4	4
25	5 km Cross Country	-	-	-	-	-	-	-	-	1	3	-	-
26	3 km Cross Country	-	-	-	-	-	-	-	-	-	-	1	3

Note- An athlete can participate in maximum three (03) Events besides the relay races .

APPENDIX – III

ATHLETICS- THE EQUIPMENTS, WEIGHT & HEIGHT GIVEN BELOW AS PER SGFI NORMS. -

S. No.	Equipments Weight/ Height	Boys U-14	Boys U-17	Boys U--19	Girls U-14	Girls U-17	Girls U-19
1	80 M Hrdl.	76 CM	N/A	-	-	-	-
2	100 M Hrdl	-	91.4 Cm	-	-	76.2 cm	84 cm
3	110 M Hrdl	-	-	99.0 cm	-	-	-
4	400 M Hrdl	-	-	91.4 cm	-	-	76.2 cm
5	Shot Put	4.0 Kg	5.0 Kg	6.0 Kg	4.0 Kg	4.0 Kg	4.0 Kg
6	Discus	1.0 Kg	1.5 Kg	1.75 Kg	1.0 Kg	1.0 Kg	1.0 Kg
7	Hammer	-	5.0 Kg	6.0 Kg	-	4.0 Kg	4.0 Kg
8	Javelin	-	700 gms	800 gms	-	600 gm.	600 gm.

APPENDIX -- IV

SWIMMING & DIVING-

Si. No.	Event	Under - 14				Under - 17				Under - 19			
		Boys		Girls		Boys		Girls		Boys		Girls	
		KVS National Meet	SGFI Meet	KVS National Meet	SGFI Meet	KVS National Meet	SGFI Meet	KVS National Meet	SGFI Meet	KVS National Meet	SGFI Meet	KVS National Meet	SGFI Meet
1	50m free style	1	2	1	2	1	2	1	2	1	2	1	2
2	100m free style	1	2	1	2	1	2	1	2	1	2	1	2
3	200m free style	1	2	1	2	1	2	1	2	1	2	1	2
4	400m free style	1	2	1	2	1	2	1	2	1	2	1	2
5	50m back stroke	1	2	1	2	1	2	1	2	1	2	1	2
6	100m back stroke	1	2	1	2	1	2	1	2	1	2	1	2
7	200m back stroke	1	2	1	2	1	2	1	2	1	2	1	2
8	50m breast stroke	1	2	1	2	1	2	1	2	1	2	1	2
9	100m breast stroke	1	2	1	2	1	2	1	2	1	2	1	2
10	200m breast stroke	1	2	1	2	1	2	1	2	1	2	1	2

11	50m butterfly	1	2					1	2	1	2	1	2	1	2
12	100m butterfly	1	2	1				1	2	1	2	1	2	1	2
13	200 m butterfly	1	2	1				1	2	1	2	1	2	1	2
14	200m Ind. Medlay	1	2	1				1	2	1	2	1	2	1	2
15	High Board	1	2	1				1	2	1	2	1	2	1	2
16	Spring Board 1 M	1	2	1				1	2	1	2	1	2	1	2
17	Spring Board 3M	1	2	1				1	2	1	2	1	2	1	2
18	4x100m free style relay	4	4	4				4	4	4	4	4	4	4	4
19	4x100m medlay relay	4	4	4				4	4	4	4	4	4	4	4
20	800m free style	-	-	-				1	2	-	-	-	-	1	2
21	400m Ind. medlay	-	-	-				1	2	1	2	1	2	1	2
22	1500m free style	-	-	-				-	-	-	-	-	-	1	2

• Swimmer may participate in three events besides the relay events-

APPENDIX - V

BOXING-

S. No.	Under - 14 Boys		Under - 17 Boys		Under - 19 Boys	
	Weight	No. of Participants	Weight	No. of Participants	Weight	No. of Participants
1	28-30	1	43-46	1	45-48	1
2	30-32	1	46-48	1	48-51	1
3	32-34	1	48-50	1	51-54	1
4	34-36	1	50-52	1	54-57	1
5	36-38	1	52-54	1	57-60	1
6	38-40	1	54-57	1	60-64	1
7	40-42	1	57-60	1	64-69	1
8	42-44	1	60-63	1	69-75	1
9	44-46	1	63-66	1	75-81	1
10	46-48	1	66-70	1	81-91	1
11	48-50	1	70-75	1	91+	1
12	-	-	75-81	1	-	-
13	-	-	81-86	1	-	-
Total		11		13		11

APPENDIX - VI

No. of Participants, Events, Weight Category for Regional/National/SGFI-

JUDO-

S. No.	Under - 14			Under - 17			Under - 19		
	Weight	Boys	Girls	Weight	Boys	Girls	Weight	Boys	Girls
1	-25	1	1	-40	1	1	-40	1	1
2	-30	1	1	-45	1	1	-45	1	1
3	-35	1	1	-50	1	1	-50	1	1
4	-40	1	1	-55	1	1	-55	1	1
5	-45	1	1	-60	1	1	-60	1	1
6	-50	1	1	-65	1	1	-65	1	1
7	+50	1	1	-71	1	1	-71	1	1
8	-			+71	1	1	+71	1	1
Total		7	7		8	8		8	8

APPENDIX – VII

No. of Participants, Events & Weight Category for Regional/National/SGFI

TAEKWONDO-

S. No.	Under – 14				Under – 17				Under – 19			
	Weight	Boys	Weight	Girls	Weight	Boys	Weight	Girls	Weight	Boys	Weight	Girls
1	18 kg	1	16 Kg.	1	35 Kg.	1	32 Kg.	1	46 Kg.	1	40 Kg.	1
2	18-21	1	16-18	1	35-38	1	32-35	1	46-50	1	40-43	1
3	21-23	1	18-20	1	38-41	1	35-38	1	50-54	1	43-46	1
4	23-25	1	20-22	1	41-44	1	38-41	1	54-58	1	46-50	1
5	25-27	1	22-24	1	44-48	1	41-44	1	58-62	1	50-54	1
6	27-29	1	24-26	1	48-52	1	44-48	1	62-66	1	54-58	1
7	29-32	1	26-29	1	52-56	1	48-52	1	66-70	1	58-62	1
8	32-35	1	29-32	1	56-60	1	52-56	1	+70	1	+62	1
9	35-38	1	32-35	1	60-64	1	56-60	1	-	-	-	-
10	38-41	1	35-38	1	+64	1	+60	1	-	-	-	-
11	+41	1	+38	1	-	-	-	-	-	-	-	-
Total		11		11		10		10		8		8

APPENDIX – VIII

Events No. of Participants, & Distance for Regional/National/SGFI

SKATING-

Under – 14 year	Quad.				Inline				
	Rink I	Rink II	Rink III	Rink IV	Rink V	Rink IV	Rink III	Rink II	Rink I
Events for Boys & Girls	300m	1000m	2000m	Road Race	300m	500m	1000m	Road Race	3000m
Distance in Meters	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Girls
No. of Participants	03	03	03	03	03	03	03	03	03

Under – 17 & 19 year	Quad.				Inline				
	Rink I	Rink II	Rink III	Rink IV	Rink V	Rink IV	Rink III	Rink II	Rink I
Distance in Meters	300m	1000m	3000m	Road Race	300m	500m	1000m	Road Race	5000m
Group	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Girls
No. of participants Under – 17 year	03	03	03	03	03	03	03	03	03
Under- 19 year	03	03	03	03	03	03	03	03	03

APPENDIX - IX

INDIVIDUAL & TEAM EVENTS- NO. OF PARTICIPANT, AGE GROUP -

S. No.	Game/Event	Under-14				Under-17				Under - 19			
		Boys		Girls		Boys		Girls		Boys		Girls	
		NSM	SGFI	NSM	SGFI	NSM	SGFI	NSM	SGFI	NSM	SGFI	NSM	SGFI
1	Archery (Indian Round)	4	4	4	4	4	4	4	4	4	4	4	4
	Archery (Fita Round)	4	4	4	4	4	4	4	4	4	4	4	4
2	Badminton	3	5	3	5	3	5	3	5	3	5	3	5
3	Chess	3	5	3	5	3	5	3	5	3	5	3	5
4	Table Tennis	3	5	3	5	3	5	3	5	3	5	3	5
5	Lawn Tennis	3	5	3	5	3	5	3	5	3	5	3	5
6	Cricket	Nil		Nil		16		16		16		Nil	
7	Shooting - 10m open sight Air rifle	2	3	2	3	2	3	2	3	2	3	2	3
	Shooting 10m peep sight Air rifle	2	3	2	3	2	3	2	3	2	3	2	3
	Shooting 10m Air pistol	2	3	2	3	2	3	2	3	2	3	2	3
8	Basketball	8	12	8	12	8	12	8	12	8	12	8	12
9	Kabaddi	09	12	09	12	Nil		Nil		09	12	09	12
10	Volleyball	08	12	08	12	Nil		Nil		08	12	08	12
11	Handball	10	16	10	16	Nil		Nil		10	16	10	16
12	Kho-Kho	10	12	10	12	Nil		Nil		10	12	10	12
13	Football	13	18	13	18	16 Subroto		16 Subroto		13	18	Nil	
14	Hockey	14	18	14	18	Nil		Nil		14	18	14	18
15	Yoga	3	5	3	5	3	5	3	5	3	5	3	5
16	Rope Skipping	6	6	6	6	6	6	6	6	6	6	6	6

Note- Weight category for Kabaddi Event :-

Under 14 Boys size of Play Ground 11X8 Mtr. Weight below 51.0 kg.

Under 14 Girls size of Play Ground 11X8 Mtr. Weight below 48.0 kg.

Under-19 Boys size of play ground 13X10 Mtr. Weight below 65 Kg.

Under-19 Girls size of play ground 12X8 . Mtr. Weight below 59 Kg.

APPENDIX – X

SPORTS PLAYING KIT, TRACK SUITS & ACCESSORIES

S. NO.		GAME/EVEN T	ITEMS & ACCESSORIES										
1		Athletic	Provided by Vidyalaya For RSM	T-shirt & Vest	Shorts	Running Spikes (As applicable)	Socks	Relevant accessories	-	-	-	-	-
			Provided by RSCB for NSM	T-shirt & Vest	Shorts	Running Spikes (As applicable)	Socks	Relevant accessories	-	-	Track suit	-	-
			Provided by NSCB for SGFI	T-shirt & Vest	Shorts	Running Spikes (As applicable)	Socks	Relevant accessories	-	-	Track suit	-	Blazer
2		Badminton	Provided by Vidyalaya For RSM	T-shirt	Shorts	Badminton Shoes	Socks	Relevant accessories	-	-	-	-	-
			Provided by RSCB for NSM	T-shirt	Shorts	Badminton Shoes	Socks	Relevant accessories	-	-	Track suit	-	-
			Provided by NSCB for SGFI	T-shirt	Shorts	Badminton Shoes	Socks	Relevant accessories	-	-	Track suit	-	Blazer
3		Basketball	Provided by Vidyalaya For RSM	T-shirt	Shorts	Basketball Shoes	Socks	Relevant accessories	-	-	-	-	-
			Provided by RSCB for NSM	T-shirt	Shorts	Basketball Shoes	Socks	Relevant accessories	-	-	Track suit	-	-
			Provided by NSCB for SGFI	T-shirt	Shorts	Basketball Shoes	Socks	Relevant accessories	-	-	Track suit	-	Blazer
4		Boxing	Provided by Vidyalaya For RSM	T-shirt	Short	Boxing Ring Shoes	Socks	Boxing playing kit & Accessories (as per norm)	-	-	-	-	-
			Provided by RSCB for NSM	T-shirt	Short	Boxing Ring Shoes	Socks	Boxing playing kit & Accessories (as per norm)	-	-	Track suit	-	-
			Provided by NSCB for SGFI	T-shirt	Short	Boxing Ring Shoes	Socks	Boxing playing kit & Accessories (as per norm)	-	-	Track suit	-	Blazer

5	Chess	Provided by Vidyalaya For RSM	T-shirt	Shorts	Sports Shoes	Socks	Relevant accessories	-	-	=
		Provided by RSCB for NSM	T-shirt	Shorts	Sports Shoes	Socks	Relevant accessories	-	Track suit	=
		Provided by NSCB for SGFI	T-Shirt	Shorts	Sports Shoes	Socks	Relevant accessories	-	Track suit	Blazer
6	Cricket	Provided by Vidyalaya For RSM	T-Shirt	Trousers	Cricket Shoes	Socks	Relevant accessories	-	-	=
		Provided by RSCB for NSM	T-Shirt	Trousers	Cricket shoes	Socks	Relevant accessories	-	Track suit	=
		Provided by NSCB for SGFI	T-shirt	Trousers	Cricket shoes	Socks	Relevant accessories	Pull over	Track suit	Blazer
7	Football	Provided by Vidyalaya For RSM	T-shirt	Shorts	Football Shoes	Socks/ Stockings	Shin /Leg guard	Football Goal Keeper kit(For goalkeeper)	-	=
		Provided by RSCB for NSM	T-shirt	Shorts	Football Shoes	Socks/ Stockings	Shin/Leg guard	Football Goal Keeper kit	Track suit	
		Provided by NSCB for SGFI	T-shirt	Shorts	Football Shoes	Socks/ Stockings	Shin guard	Football Goal Keeper kit	Track suit	Blazer
8	Handball	Provided by Vidyalaya For RSM	T-shirt	Shorts	Handball Shoes	Socks	Relevant accessories	Handball Goal Keeper kit	-	=
		Provided by RSCB for NSM	T-shirt	Shorts	Handball Shoes	Socks	Relevant accessories	Handball Goal Keeper kit	Track suit	=
		Provided by NSCB for SGFI	T-shirt	Shorts	Handball Shoes	Socks	Relevant accessories	Handball Goal Keeper kit	Track suit	Blazer
9	Hockey	Provided by Vidyalaya For RSM	T-shirt	Shorts	Hockey Shoes	Socks/ Stockings	Relevant accessories	Hockey Goal Keeper kit		
		Provided by RSCB for NSM	T-shirt	Shorts	Hockey Shoes	Socks/Stockings	Relevant accessories	Hockey Goal Keeper kit	Track suit	
		Provided by NSCB for SGFI	T-shirt	Shorts	Hockey Shoes	Socks/ Stockings	Relevant accessories	Hockey Goal Keeper kit	Track suit	Blazer

10	Judo	Provided by Vidyalaya For RSM	T-shirt	Shorts	Shoes	Socks	Judo Playing kit & Relevant accessories	-	-	=
		Provided by RSCB for NSM	T-shirt	Shorts	Shoes	Socks	Judo Playing kit & Relevant accessories	-	Track suit	=
		Provided by NSCB for SGFI	T-shirt	Shorts	Shoes	Socks	Judo Playing kit & Relevant accessories	-	Track suit	Blazer
11	Kabaddi	Provided by Vidyalaya For RSM	T-shirt	Shorts	Shoes	Socks	Knee Caps & Anklets	Anklets		
		Provided by RSCB for NSM	T-shirt	Shorts	Shoes	Socks	Knee Caps & Anklets	Anklets	Track suit	
		Provided by NSCB for SGFI	T-shirt	Shorts	Shoes	Socks	Knee caps & Anklets	Anklets	Track suit	Blazer
12	Kho-Kho	Provided by Vidyalaya For RSM	T-shirt	Shorts	Shoes	Socks	Knee caps & Anklets	-	-	=
		Provided by RSCB for NSM	T-shirt	Shorts	Shoes	Socks	Knee caps & Anklets	-	Track suit	=
		Provided by NSCB for SGFI	T-shirt	Shorts	Shoes	Socks	Knee caps & Anklets	-	Track suit	Blazer
13	Lawn Tennis	Provided by Vidyalaya For RSM	T-shirt	Shorts	Lawn Tennis Shoes	Socks	Relevant accessories	-	-	=
		Provided by RSCB for NSM	T-shirt	Shorts	Lawn Tennis Shoes	Socks	Relevant accessories	-	Track suit	=
		Provided by NSCB for SGFI	T-shirt	Shorts	Lawn Tennis Shoes	Socks	Relevant accessories	-	Track suit	Blazer
14	Rope Skipping	Provided by Vidyalaya For RSM	T-shirt	Shorts	Skipping Shoes	Socks	Relevant accessories	-	=	=
		Provided by RSCB for NSM	T-shirt	Shorts	Skipping Shoes	Socks	Relevant accessories	-	=	=
		Provided by NSCB for SGFI	T-shirt	Shorts	Skipping Shoes	Socks	Relevant accessories	-	Track suit	Blazer

15	Shooting	Provided by Vidyalaya For RSM	T-shirt	Shorts	Shoes	Socks	Relevant accessories	-	-	=
		Provided by RSCB for NSM	T-shirt	Shorts	Shoes	Socks	Relevant accessories	-	Track suit	=
		Provided by NSCB for SGFI	T-shirt	Shorts	Shoes	Socks	Relevant accessories	-	Track suit	Blazer
16	Skating	Provided by Vidyalaya For RSM	T-shirt	Shorts	Skating Shoes	Socks	Playing Accessories	-	-	-
		Provided by RSCB for NSM	T-shirt	Shorts	Skating Shoes	Socks	Playing Accessories	-	Track suit	-
		Provided by NSCB for SGFI	T-shirt	Shorts	Skating Shoes	Socks	Playing Accessories	-	Track suit	Blazer

17	Swimming	Provided by Vidyalaya For RSM	T-shirt	Shorts	Shoes	Socks	Swimming costume & Accessories	-	-	-
		Provided by RSCB for NSM	T-shirt	Shorts	Shoes	Socks	Swimming costume & Accessories	-	Track suit	-
		Provided by NSCB for SGFI	T-shirt	Shorts	Shoes	Socks	Swimming costume & Accessories	-	Track suit	Blazer
18	Table Tennis	Provided by Vidyalaya For RSM	T-shirt	Shorts	T.T. Shoes	TT Socks	Relevant accessories	-	-	=
		Provided by RSCB for NSM	T-shirt	Shorts	T.T. Shoes	TT Socks	Relevant accessories	-	Track suit	=
		Provided by NSCB for SGFI	T-shirt	Shorts	T.T. Shoes	TT Socks	Relevant accessories	-	Track suit	Blazer
19	Taekwondo	Provided by Vidyalaya For RSM	T-shirt	Shorts	Shoes	Socks	Taekwondo Playing kit & Accessories	-	-	=
		Provided by RSCB for NSM	T-shirt	Shorts	Shoes	Socks	Taekwondo Playing kit & Accessories	-	Track suit	=
		Provided by NSCB for SGFI	T-shirt	Shorts	Shoes	Socks	Taekwondo Playing kit	-	Track suit	Blazer

20	Volleyball	SGFI	T-shirt	Shorts	Shoes	Socks	& Accessories	Anklets	-	=
		Provided by Vidyalaya For RSM					Accessories (As per event norms)			
		Provided by RSCB for NSM	T-shirt	Shorts	Shoes	Socks	Accessories (As per event norms)	Anklets	-	=
		Provided by NSCB for SGFI	T-shirt	Shorts	Shoes	Socks	Accessories (As per event norms)	Anklets	Track suit	Blazer
21	Yoga	Provided by Vidyalaya For RSM	T-shirt	Shorts	Shoes	Socks	Playing kit (As per event norms)	-	-	-
		Provided by RSCB for NSM	T-shirt	Shorts	Shoes	Socks	Playing kit (As per event norms)	-	-	-
		Provided by NSCB for SGFI	T-shirt	Shorts	Shoes	Socks	Playing kit (As per event norms)	-	Track suit	Blazer
22	Archery	Provided by Vidyalaya For RSM	T-shirt	Shorts	Shoes	Socks	Accessories (As per event norms)	-	-	-
		Provided by RSCB for NSM	T-shirt	Shorts	Shoes	Socks	Accessories (As per event norms)	-	-	-
		Provided by NSCB for SGFI	T-shirt	Shorts	Shoes	Socks	Accessories (As per event norms)	-	Track suit	Blazer

Note: -

A. Mandatory -Track Suit, Sports Shoes(Logger), Socks will be providing to Students by RSCB of concerned Region for 48th KVS National Sports Meet 2017-18 for March past in opening & Closing ceremony.

B. KVS Team for SGFI participation - Track Suit, Playing kit, Sports Accessories, Blazer, Shoes & Socks will be provided by the coordinating Region of SGFI and same will be reimbursed from KVS(HQ) National Sports Control Board Fund.

C. Kit for TGT(PHE)/Escort-

(i) Track Suit, Sports Shoes ,Socks , T-Shirts & Shorts will be provided to TGT(PHE)/Escort/Coach are deputed by Region by RSCB Fund for 48th KVS National Sports Meet 2017-18.

(ii) Track Suit, Sports Shoes , Socks, Blazer, T-Shirts & Shorts will be provided to team Manager /Escort/Coach are deputed by KVS(HQ)/ Region(KVS RO) for 63rd National School Games(SGFI) 2017-18.

APPENDIX- XI

Bench Mark for 48th KVS National Sports Meet 2017-18

1. EVENTS – ATHLETIC (TRACK & FIELD EVENTS)-

SL. NO.	EVENT	BOYS				GIRLS		
		BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19	
1	100 MTR	00:12.99	0:11.96	0:11.80	0:14.67	0:14.50	0:14.62	
2	200 MTR	0:26.55	0:24.07	0:24.55	0:30.96	0:30.29	0:29.91	
3	400 MTR	1:06.22	0:59.35	0:53.90	1:12.56	1:11.52	1:14.63	
4	600 MTR	01:50:77	N/A	N/A	2:03.19	N/A	N/A	
5	80 MTR HURDLE	0:13.75			0:16.89(second)			
6	HIGH JUMP	1.50m.	01.60m.	1.65m	1.15m.	1.20m.	1.25m.	
7	LONG JUMP	4.9m.	5.54m.	5.85m	4.25m	4.10m.	4.46m.	
8	SHOT PUT	10.27m	10.58m.	11.59m	6.76m	7.05m.	7.88m.	
9	DISCUS THROW	30.09m.	27.82m.	32.58m	17.40m	18.80m.	22.01m.	
10	800 MTR	NO EVENTS	2:31.37	02:11.02	NO EVENTS	3:00.98	2:2:45.63	
11	1500 MTR		4:41.71	4:36.37		06:06.89	5:57.17	
12	3000 MTR		11:26.27	NO EVENTS		13:40.2	13:52.80	
13	5000 MTR		NO EVENTS	18:08.30		NO EVENTS	25:36.40	
14	100 MTR HURDLE		0:16.29	NO EVENTS		0:20.68	0:21.53	
15	TRIPLE JUMP		11.14m.	12.43m.		8.61m.	9.22m.	
16	POLE VAULT		02:20m(second)	2.60m(second)		NO PARTICIPATION	NO PARTICIPATION	

17	Javelin throw	NO EVENTS	42.98	44.24m.	NO EVENTS	20.34m.	20.74m.	
18	Hammer throw		28.28m.	34.97		17.89m.	19.45m.	
19	3 km walk	NO EVENTS	NO EVENTS	NOEVENTS		22:58.71	NO EVENTS	
20	5 km walk	NO EVENTS	32.29.60	31:52.99		NO EVENTS	37:51.01	
21	110 Mtr hurdle	NO EVENTS	NO EVENTS	0:17.51	NO EVENTS		NO EVENTS	
22	400 Mtr hurdle			01:03.60			1:27.93	
23	4x100 Mtr relay							
24	4x400 Mtr relay	NOT APPLICABLE IN BENCH MARK (TEAM EVENTS)						
25	5 km Cross Country	NO EVENTS	NO EVENTS	17:30.38	NO EVENTS	NO EVENTS	NO EVENTS	
26	3 km Cross Country	NO EVENTS	NO EVENTS	NO EVENTS	NO EVENTS	NO EVENTS	16:48.69	

2. Events – SWIMMING & DIVING -

SL. NO.	EVENT	BOYS						GIRLS			
		BOYS-14	BOYS-17	BOYS-19	BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19	
1	50M FREE STYLE	00:33.19	0:31.04	0:29.05	0:39.89	0:38.48	0:37.01				
2	100M FREE STYLE	01:14.13	1:8.52	1:6.03	01:40.75	01:35.20	01:26.31				
3	200M FREE STYLE	02:41.96	2:39.92	02:42.13	3:10.69	3:2.11 (3 rd)	3:24.25				
4	400M FREE STYLE	05:49.60	5:47.60	06:00.43	06:38.22(3 rd)	08.10.94 (4 th)	07:50.34 (4 th)				
5	50M BACK STROKE	0:41.91	02:37.79	0:41.35	0:51.92		0:54.95				
6	100M BACK STROKE	01:33.01	1:18.35	01:27.65	2:37.127	0:44.66	1:53.52 (2 nd)				
7	200M BACK STROKE	03:9.14	3:9.81	05:12.52 (4 th)	4:18.69	1:45.55	04:37.54 (3 rd)				
8	50M BREAST STROKE	00:42.67	0:42.99	00:38.64	00:50.91	03:42.84 (3 rd)	0:53.32				
9	100M BREAST STROKE	01:3.56	1:41.38	0:28.58	2:17.33	00:49.50	2:18.28				
10	200M BREAST STROKE	03:36.18	6:4.38	03:11.55	04:42.29	1:51.84	03:52.44 (4 th)				
11	50M BUTTERFLY	00:36.90	0:32.58	00:32.20	0:50.10(3 rd)	03:55.17	0:50.82				
12	100M BUTTERFLY	01:24.95	1:16.95 (4 th)	01:38.10	2:03.40 (3 rd)	0:44.58	02:0543 (3 rd)				
13	200 M BUTTERFLY	03:43.58	3:52.26	03:59.19	4:10.49 (3 rd)	01:34.03 (4th)	04:48.97 (3 rd)				
14	200M IND. MEDLAY	03:20.71	3:23.74(s)	03:4.33	02.53.31 (1 st)	3:40.57 (2 nd)	03.29.05 (3 rd)				

15	HIGH BOARD	-	-	-	-	-	-	-	-
16	SPRING BOARD 1 MTR	-	-	-	-	-	-	-	-
17	SPRING BOARD 3MTR.	-	-	-	-	-	-	-	-
18	4X100M FREE STYLE RELAY	-	-	-	-	-	-	-	-
19	4X100M MEDLAY RELAY	-	-	-	-	-	-	-	-
20	800M FREE STYLE	-	11:24.24	17:24.43	-	-	-	15:07. (3 rd).	-
21	400M IND. MEDLAY	-	6:48.56	07:16.34 (5 th)	-	06:06.13 (1 st)	-	07:19.96 (1 st)	-
22	1500M FREE STYLE	-	-	27:23.27	-	-	-	-	-

3. EVENTS – ARCHERY -

SL. NO.		EVENTS	INDIAN ROUND (Points)						
			BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19	
1		20 M	257	-	-	246	-	-	-
2		30 M	240	216	190	189	174	148	
3		40 M	-	221	-	-	-	150	-
4		50 M	-	-	193	-	-	-	58
FITA ROUND									
SL. NO.		EVENTS	BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19	
1		30M	07	184	22	-	10	148	
2		50 M	05	75	13	-	37	58	
3		60 M	01	66	21	-	67	-	
4		70 M	-	51	04	-	33	-	

4. EVENTS – SKATING-

SL. NO.	EVENT	QUAD							
		Time- Hrs/Min/Sec							
		BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19		
1	Rink-I 300 M	0:37.03	0:36.01	0:36.89	0:38.88	0:41.30	0:41.16		
2	Rink-II 1000 M	2:19.30	2:08.08	2:14.92	2:27.8	2:28.3	2:24.03		
3	Road Race- 2000 M	5:12.91	-	-	5:21.00	-	-		
4	Road Race- 3000 M	-	8:10.02	7:59.41	-	8:34.09	8:43.4		
SL. NO.	EVENT	INLINE							
		Time- Time- Hrs/Min/Sec							
		BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19		
1	Rink-III 300 M	0:35.46	0:34.12	0:31.96	0:37.5	0:38.65	0:46.39		
2	Rink-IV 500 M	0:59.75	1:02.57	0:56.1	1:11.02	1:01.6	1:09.02		
3	Rink-V -1000 M	2:06.91	2:02.90	2:01.16	2:23.00	2:06.09	2:31.03		
4	Road Race- 3000 M	7:43.00	-	-	8:04.5	-	-		
5	Road Race- 5000 M	-	12:51.01	12:58.23	-	14:04.2	16:13.5		

5. EVENTS – ROPE SKIPPING-

SL. NO.	EVENT	BOYS Score			GIRLS Score		
		BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19
1	speed relay (30 seconds) Individual	69	78	72	65.5	62	64
2	Endurance (3 minutes) Individual	374	398	372	319	308	303.5
3	Double under (30 seconds) Individual	77	72	68	63.5	62.5	64.5
4	Free Style Individual	10	12	12	31	33	33

6. EVENTS – SHOOTING-

SL. NO.	EVENT	BOYS			GIRLS		
		BOYS-14	BOYS-17	BOYS-19	GIRLS-14	GIRLS-17	GIRLS-19
1	10m - Open sight Air rifle	172	252	237	303	173	162
2	10m - Peep sight Air rifle	54	371	356	55	223	269
3	10m Air Pistol	307	322	343	246	296	320

KENDRIYA VIDYALAYA SANGATHAN(HQ)

State/UT/Unit/KVS

NATIONAL SCHOOL GAMES 201..... -

Under the aegis School Federation of India

Certificate of Eligibility

Under-14/17/19 Boys/Girls

Recent passport size photograph with name and date of photograph taken, duly attested by the Principal

Signature of student

Certificate :-

01	Name of the Participants <small>(In Block Letters)</small>							
02	Father's Name <small>(In Block Letters)</small>							
03	Name of Institution <small>(In Block Letters)</small>							
04	Institution Full Address <small>(In Block Letters)</small>							
05	Institution Phone No. with STD Code No.							
06	Last Year Registration No. SGFI							
07	Date of Birth (i) In Fig.	<input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/>						
	(ii) In Words							
08	Discipline(Sports)							
09	Pass port Number (If available)							
10	Aadhar Card Number .							
11	Age in Completed years as on 31 st December	<table style="margin: auto; border: none;"> <tr> <td style="text-align: center; padding: 0 10px;">Year</td> <td style="text-align: center; padding: 0 10px;">Month</td> <td style="text-align: center; padding: 0 10px;">Days</td> </tr> <tr> <td style="text-align: center;"> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> </td> <td style="text-align: center;"> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> </td> <td style="text-align: center;"> <input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/> </td> </tr> </table>	Year	Month	Days	<input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/>	<input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/>	<input style="width: 20px; height: 20px;" type="text"/> <input style="width: 20px; height: 20px;" type="text"/>
Year	Month	Days						
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12	Home Address in Full & Phone /Mobil No.							
13	Admission No. & Year							
14	Date of Joining the School							
15	Standard and Section Studying in this year							
16	Standard Studying last year							
17	Personal Identification Marks	1. 2.						
18	Signature of Participant							

1. Certified that the above participant is a bonafide student of this institution for the academic year.
2. Certified that I have personally verified the admission records maintained in the school and found correct.
3. Certified that it is understood in the event of information furnished above found to be partly or wholly untrue, the above students is liable to be disqualified for a period of two years in case the students is a member of the team, then the participant is liable to be disqualified for a period of two years in case the students is a member of the team, then the participant is liable to be disqualified for a period of two years in case the students is a member of the team, then the participant is liable to be disqualified as a whole.

Signature of competent Authority
of State/UT/Unit with Seal

Signature with Seal Manager/Coach
Post/Designation.....

Signature with Seal of the Head of
Institution/Principal /Head Master

For Office Use only Invigilator.....	Name of Invigilator.....	Sign of
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**2. Consolidated Strength (Participants) at Venue in 48th National Sports Meet-
(Events, age group and Region wise)**

Name of Host Region.....

S. No.	Events & Age group	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	Total
		Athletics	Archery	Badminton	Basketball	Boxing	Chess	Cricket	Football	Handball	Hockey	Judo	Kabaddi	Kho-Kho	Rope Skipping	Skating	Shooting	Swimming & Diving	Table-Tennis	Taekwondo	Tennis	Volleyball	Yoga	
	Age group																							
	Region Participated																							
1	ARGA																							
2	AHMEDABAD																							
3	BANGLORE																							
4	BHOPAL																							
5	BHUBNESWAR																							
6	CHANDIGARH																							
7	CHENNAI																							
8	DEHRADUN																							
9	DELHI																							
10	EARNAKULAM																							
11	GUWAHATI																							
12	HYDERABAD																							
13	JABALPUR																							
14	JAIPUR																							
15	JAMMU																							
16	KOLKATA																							
17	LUCKNOW																							
18	MUMBAI																							
19	PATNA																							
20	RAIPUR																							
21	RANCHI																							
22	SILCHER																							
23	GURGAON																							
24	TINSUKHIYA																							
25	VARANASI																							

3. Events wise positions of Region (Boys & Girls separately)-

S. No.	Events	Name of Region secured Position in 48 th KVS NSM					
		1 st	2 nd	3 rd	4 th	5 th	6 th
1	ATHLETICS						
2	BADMINTON						
3	BASKETBALL						
4	BOXING						
5	CHESS						
6	CRICKET						
7	FOOTBALL						
8	HANDBALL						
9	HOCKEY						
10	JUDO						
11	KABADDI*						
12	KHO- KHO						
13	TENNIS						
14	SHOOTING						
15	SKATING						
16	SWIMMING & DIVING						
17	TABLE TENNIS						
18	TAEKWONDO						
19	YOGA						
20	VOLLEYBALL						
21	ARCHERY						
22	ROPE SKIPPING						

Overall Position and Points of Region (Boys & Girls separately up to 25 Ranks)

Sl. No.	Region	Total Points	
		Points	Position
1	ARGA		
2	AHMEDABAD		
3	BANGLORE		
4	BHOPAL		
5	BHUBNESWAR		
6	CHANDIGARH		
7	CHENNAI		
8	DEHRADUN		
9	DELHI		
10	EARNAKULAM		
11	GUWAHATI		
12	HYDERABAD		
13	JABALPUR		
14	JAIPUR		
15	JAMMU		
16	KOLKATA		
17	LUCKNOW		
18	MUMBAI		
19	PATNA		
20	RAIPUR		
21	RANCHI		
22	SILCHER		
23	GURGAON		
24	TINSUKHIYA		
25	VARANASI		

Individual Position of Students Events Wise

5. Event wise position up to 6th position(Boys & Girls)- For Archery

Event-.....(Boys/Girls) Age Group-14/17/19

S. No.	Name of Student	Class	Name of KV	Region	Parameters (Out of 360)	Position	Points

6. Event wise position up to 6th position(Boys & Girls)- For Athletics/Swimming(Timings)

Event-.....(Boys/Girls) Age Group-14/17/19

S. No.	Name of Student	Class	Name of KV	Region	Timing (Hours/Min/Sec.)	Position

7. Event wise position up to 6th Position(Boys & Girls)- For Athletics (Distance)

Event-.....(Boys/Girls) Age Group-14/17/19

S. No.	Name of Student	Class	Name of KV	Region	Distance (Meters/CM)	Position

8. Event wise Individual Ranking up to 6th Rank (Boys & Girls)- For Badminton/Table-Tennis/Tennis

Event-.....(Boys/Girls) Age Group- U-14/17/19

S. No.	Name of Student	Class	Name of KV	Region	Position
1					
2					
3					
4					
5					
6					

Event wise Team Championship (Position) of Badminton/Table-Tennis/Tennis

Event-.....(Boys/Girls) Age Group-U-14/17/19

S. No.	Name of Student (Team)	Class	Name of KV	Region	Points	Position
1						I
2						II
3						III

10. Event wise Individual Position up to 6th Position(Boys & Girls)- For Boxing/Judo/Taekwondo

Event-.....(Boys/Girls) Age Group-14/17/19

S. No.	Weight Category	Name of Student	Class	Name of KV	Region	Position
1						
2						
3						
4						
5						
6						

11. Event wise Individual Position up to 8th Position(Boys & Girls)- For Rope Skipping

Event-..... (Boys/Girls) Age Group-14/17/19

S. No.	Name of Student	Class	Name of KV	Region	Points/Score	Position
1						I
2						II
3						III
4						IV
5						V
6						VI

12. Event wise Individual Position up to 8th Position(Boys & Girls)- For Skating

Event-(Inline/Quads).....(Boys/Girls) Age Group-14/17/19

S. No.	Event (Distance)	Name of Student	Class	Name of KV	Region	Time	Position
1							I
2							II
3							III
4							IV
5							V
6							VI